

INTRODUCTION



ACTIVEMINDS.ORG

THEHEARD

ALISON MALMON

It is our pleasure to welcome Alison Malmon. Alison Malmon is founder and Executive Director of Active Minds, Inc., the nation's only organization dedicated to utilizing the student voice to raise mental health awareness on college campuses. Alison formed the organization in 2001. She currently serves as Executive Director of the non-profit organization, engaging thousands of student leaders nationwide and promoting a unified national voice for young adults in the mental health awareness movement. For her efforts, Alison has been honored by numerous national organizations and media outlets, including recognition from the Campaign for Mental Health Reform, the American Association of University Women, and being named Washingtonian of the Year in 2007. She has been profiled as a "Person you Should Know" on CNN, and in stories in the New York Times, Washington Post, Glamour Magazine, ABC's Good Morning America, among others. In her spare time, Alison enjoys teaching the flying trapeze at the Trapeze School in Washington, DC.

Alison is with us today representing The Heard, the nation's premier young adult mental health speakers bureau and a program of Active Minds. Members of the Heard are honored to act as representatives of the young adult mental health movement. As advocates and survivors, they convey messages of mental health with relevance and sincerity, and it is their primary goal to empower people to join them in changing the conversation about mental health. Please join me in welcoming Alison.