

back to school power ups



Take your campus to the next level! Power up with these mental health programs and resources to get the year started off right.



SPEAKERS

Book our newest mental health speaker for your next event

A survivor of the Virginia Tech shooting, Lisa Hamp speaks to groups of all kinds. She offers hope for mental health struggles as well as valuable insights for first responders and safety officials.



activeminds.org/lisa



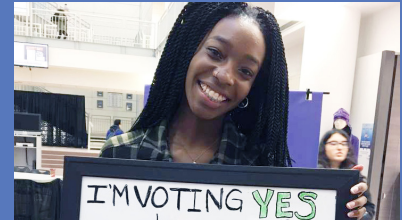
CHAPTERS

Start, join, or power-up your student group

You can make a difference! Active Minds chapters are student-led powerhouses for raising mental health awareness, educating peers, and encouraging everyone to reach out for help when needed.



activeminds.org/chapters



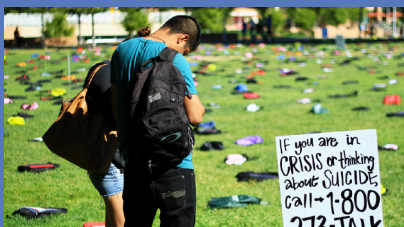
ADVOCATES

Create long-term policy change on your campus

Learn how to advocate for student fees that support more mental health services on campus. Get the "Student Fees" advocacy guide, the latest edition from the Transform Your Campus series for students.



activeminds.org/studentfees



SEND SILENCE PACKING®

Bring this profoundly impactful exhibit to your campus

Raise mental health awareness and inspire action for suicide prevention by bringing this inspiring display to your campus or community. Contact us today to learn how.



activeminds.org/ssp



KEY FINDINGS

Discover how your campus can prioritize student well-being

Our Key Findings report features innovative strategies and lessons learned from seven college winners of the Active Minds Healthy Campus Award 2018. Download it today to spark changes on your own campus.



activeminds.org/award



RESEARCH

Landmark study validates Active Minds' peer-to-peer approach

A new RAND study shows Active Minds has a significant campus impact by helping create a supportive climate for mental health. See the frameworks that guide our approach!



activeminds.org/frameworks