



Active Minds National Conference

THE NATION'S PREMIER CONFERENCE FOCUSED ON STUDENTS & MENTAL HEALTH

2019

Schedule at a Glance

8:00am – 9:00am **Breakfast and Registration** **West Lobby and Ballroom**

9:00am – 9:30am **Welcome** **Ballroom**

Alison Malmon, Founder and Executive Director, Active Minds
Dr. John J. DeGioia, President, Georgetown University

9:30am – 10:30am **How Change Happens: Why Some Social Movements Succeed and Some Don't** **Ballroom**

Leslie R. Crutchfield, MBA, Author and Executive Director of the Global Social Enterprise Initiative (GSEI), Georgetown University

10:30am – 11:00am **Networking Break** **South Lobby**

Visit with fellow attendees and exhibitors in the South Lobby

11:00am – 12:00pm **Breakout Sessions: Taking a Collective, Strategic Approach**

Sexual Assault on Campus: A Public Health Epidemic*^ **Business School, Room 150**

Allison Tombros Korman, MHS, Senior Director of Culture of Respect at NASPA
Silvia Zenteno, Director of Education and Training, It's On Us

Collegiate Recovery and Implications for Mental Health* **Business School, Room 160**

Tim Rabolt, MA, Executive Director, Association of Recovery in Higher Education

What the Data Tells Us: Mental Health Initiatives on College Campuses **Business School, Room 230**

Lisa Sontag-Padilla, PhD, Behavioral and Social Scientist, RAND Corporation

Postvention: Helping a Community Heal after a Suicide*^ **Business School, Room 240**

Traci Callandrillo, PhD, Assistant Vice President of Campus Life, American University
Robyn Suchy, Chapter Manager, Active Minds
Michael Zibilich, Active Minds Speaker

Adopting a Healthy Mental Health Campus Culture: What Faculty Can Do*^ **Business School, Room 250**

Kristen Lee, EdD, LICSW, Lead Faculty, Behavioral Science, Northeastern University
 and Active Minds Speaker

12:00pm – 1:15pm **Lunch and Panel: We Control the Narrative: Media and Messaging about Mental Health and Suicide** **Ballroom**

Panelists: *Frances Gonzalez, Senior Director of Marketing and Communications, National Suicide Prevention Lifeline*
Jennifer Hartstein, PsyD, Hartstein Psychological and Active Minds Board Member
Kimberly Torguson, Associate Director of Communications, National Action Alliance for Suicide Prevention

Moderators: *Emma Edick, Communications Coordinator, Active Minds*
Angela Gillis, Communications Manager, Active Minds

1:30pm – 2:30pm **Panel: Mental Health Trends and Implications for Practice** **Ballroom**

Panelists: *Peter Ceglarek, MPH, Study Coordinator, Healthy Minds Network*
Ilene Rosenstein, PhD, Associate Vice Provost for Campus Wellness and Education, University of Southern California
Lisa Sontag-Padilla, PhD, Behavioral and Social Scientist, RAND Corporation

Moderator: *Alison Malmon, Founder and Executive Director, Active Minds*

* Sessions approved for CHES/MCHES CE credits
 ^ Sessions approved for NBCC CE credits

2:45pm – 3:45pm

Breakout Sessions: Innovation for Emerging Issues**Technological Advances and Opportunities for Mental Health*^****Business School, Room 150***Lisa Desai*, PsyD, Director of Mental Health Screening and Research, MindWise Innovations*Matthew McEvoy*, Senior Director of Student Support, Morneau Shepell*Monika Roots*, MD, Chief Medical Officer, Pacifica*Ashley Womble*, MPH, Head of Communications, Crisis Text Line**Maximizing Greek Life to Build a Mental Health Culture*^****Business School, Room 160***Colleen Coffey*, EdD, Active Minds Speaker; Education & Business Development, Phired Up*Brooke Kingsley Isbell*, Assistant Executive Director of Prevention & Accountability, Pi Kappa Phi**School Shootings and Implications for Mental Health*****Business School, Room 230***Lisa Hamp*, MS, Active Minds Speaker; Mental Health & Safety Advocate**The Power of Storytelling in Shaping a Positive Mental Health Culture****Business School, Room 240***Pablo Campos*, Active Minds Speaker; Master of Social Work Graduate Student, NC State University*Kai Roberts*, Active Minds Speaker; Assistant Director of Admission, Carnegie Mellon

*This session will run until 3:55pm

**Upstream Approaches to Suicide Prevention:
Innovation to Address Everyday Challenges*^****Business School, Room 250***Joey Chen*, Alumni, Robert Morris University*Becky Fein*, MPH, Associate Director of Programs, Active Minds*Sydney Gray*, Student Leader, San Diego State University*Megan Larson*, California Mental Health Services Authority Fellow, Active Minds*Michelle Liu*, Student Leader, University of California at Riverside

4:00pm – 5:00pm

Breakout Sessions – Championing Student Voices

Student Voice: The Ultimate Innovation in Student Mental Health*

Business School, Room 150

Zuher Ibrahim, Student Leader, Pace University

Jessica McDevitt, Student Leader, Pace University

Lindsey Templeton, MA, Director of Research and Training, National Campus Leadership Council

Victoria Zielinski, Student Leader, Penn State World Campus

Getting Teens Emotionally Prepared for College and Adult Life*^

Business School, Room 160

Jessica Orenstein, MPH, Senior Manager of High School Programming, The Jed Foundation

Changing Culture through Active Minds Chapters*

Business School, Room 230

Barry Schreier, PhD, Director of The University Counseling Service and Counseling Center and Professor of Counseling Psychology, University of Iowa

Samantha Stoll, Active Minds Chapter President, University of Iowa

Robyn Suchy, Chapter Manager, Active Minds

Supporting the Mental Health of Academically High-Achieving Students

Business School, Room 240

Stephanie Cahill, President of NSCS' National Leadership Council and Chapter President of Active Minds at Arizona State University

Jen Castillo, Senior Manager, Scholarships, National Society of Collegiate Scholars (NSCS)

Hayley Harnicher, Program Manager, Send Silence Packing, Active Minds

Giving Students Seats at the Table: Mobilizing Students for Mental Health*^

Business School, Room 250

Melissa Celko, MBA, Director, Kent State of Wellness, Kent State University

Becky Fein, MPH, Associate Director of Programs, Active Minds

April Scott, PhD, Associate Director of Mental Health Initiatives, University of South Carolina

Sue Wasiolek, JD, EdD, Associate Vice President for Student Affairs and Dean of Students, Duke University

Featured Session

Breaking from Business as Usual: How to Get Companies to Alter Policies and Practices to Advance Your Issues

Business School, Room 130

Joe Weinstein, Senior Partner, Global Social Enterprise Initiative (GSEI), Georgetown University

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^ Sessions approved for NBCC CE credits

7:30am – 8:30am

Student-Led Roundtables: Elevating Student Mental Health Leadership (for Active Minds Chapter Members)

Ballroom

Robyn Suchy, Chapter Manager, Active Minds
Active Minds Student Advisory Committee
(Faculty/Staff Chapter Advisors are welcome to attend)

8:30am – 9:10am

Breakfast and Opening Remarks

Ballroom

Alison Malmon, Founder and Executive Director, Active Minds

9:10am – 10:00am

Featured Keynote

Ballroom

Ben Nemtin, Producer, Writer, Speaker
Ben Nemtin is the #1 New York Times bestselling author of *What Do You Want To Do Before You Die?* and a star of the MTV show, *The Buried Life*.

10:00am – 10:30am

Networking Break

South Lobby

Visit with fellow attendees and exhibitors in the South Lobby

10:45am – 11:45am

Breakout Sessions: Equal Opportunities for Health

Achieving Equity in Mental Health*^

Business School, Room 140

Alfiee Breland-Noble, PhD, Senior Scientific Director, The Steve Fund
Peter Ceglarek, MPH, Study Coordinator, Healthy Minds Network
Becky Fein, MPH, Associate Director of Programs, Active Minds
Raquel Sosa, President, Active Minds Student Advisory Committee, East Stroudsburg University

Creating a Mental Health Movement, from Campus Advocacy to Statewide Policies

Business School, Room 145

Heather McClenahan, Senior Manager of Equity Programs, Foundation for California Community Colleges
Joseph Robinson, Each Mind Matters: California's Mental Health Movement

Lightning Talks and Fresh Ideas from Emerging Scholars for Addressing Mental Health among Student Athletes and First-Generation Students

Business School, Room 150

Ryan Flinn, New Mexico State University
Rebecca Houston, Utah State University
Justine Kim, Northwestern University
Gary Kwok, Adelphi University
Hannah Levy, Washington State University
Mariella Marfori, University of Florida

Insta, Twitter, Snap: How Social Media Impacts Our Mood

Business School, Room 160

Jennifer Hartstein, PsyD, Hartstein Psychological and Active Minds Board Member

Mental Health Challenges for LGBTQ+ Youth

Business School, Room 240

Sam Brinton, Head of Advocacy and Government Affairs, The Trevor Project

SATURDAY

Mar 23 • Schedule at a Glance

12:00pm – 1:00pm	Lunch and Presentation of Chapter Awards	Ballroom
1:15pm – 2:15pm	Creative Programming Expo	South Lobby Hall
2:30pm – 3:30pm	Featured Keynote	Ballroom
3:30pm – 4:00pm	Closing Remarks	Ballroom

Cynthia Germanotta, President, Born This Way Foundation, Active Minds Hero Award Recipient

Cynthia Bissett Germanotta is President of Born This Way Foundation, which she co-founded with her daughter Lady Gaga in 2012, with the goal of supporting the wellness of young people and empowering them to build a kinder, braver world.

Alison Malmon, Executive Director and Founder Active Minds