



ACTIVE MINDS is the nation's leading nonprofit organization supporting mental health awareness and education for young adults. Powered by a network on more than 800 high school and college campuses, in workplaces and communities, and through a vast public audience, Active Minds is creating communities of support and saving lives.



TOGETHER, WE CAN CHANGE THE CONVERSATION ABOUT MENTAL HEALTH.




Join us at [activeminds.org](https://www.activeminds.org)



75% of mental health issues begin by age 24, and suicide remains the 2nd leading cause of death among young adults. Active Minds embraces the power of peers to change the conversation about mental health and reach people where they are - on campus, at home, at work, and in their communities.

Our signature programs include a robust college and high school **CHAPTER NETWORK**, the nationally acclaimed **SEND SILENCE PACKING®** exhibit, our compelling **ACTIVE MINDS SPEAKERS**, and the newly launched **ACTIVE MINDS @ WORK** initiative.

Find out more at [activeminds.org](https://www.activeminds.org)

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